

Please ask to see
our Little Smugglers
Children's Menu!



Starters / Light Bites

Homemade Hearty Soup £5.50

A bowl of delicious homemade soup, served with crusty bread

Trio of Smoked Fish £7.95

Smoked salmon, trout & mackerel flaked into a mild horseradish potato salad served with toast

Garlic King Prawns £7.50

Succulent king prawns fried in garlic butter, served with crusty bread

Creamy Garlic Mushrooms £6.95

Mushrooms in a delicious garlic infused cream sauce, with crusty bread (V)

Chicken Wings £6.95

in a BBQ glaze and a salad garnish (GF)

Homemade Chilli Nachos £7.50

with sour cream and cheese
Vegetarian option available

Main Courses

All Day Breakfast £9.95 (Small £7.50)

2 Rashers Bacon, 2 free range eggs, 2 hash browns, 2 sausages, baked beans, tomato and mushrooms. 2 Slices of white toast

Ploughman's Platter £10.95

Crusty bread, assorted pickles & chutney, side salad, plus a slice of hand carved ham and wedges of Cheddar & Brie.
(Vegetarian available)

Ham, Egg, Chips & Peas (GF) £10.95

Fish & Chips £11.95 (Small for £8.50)

beer battered cod, chunky chips and peas (GF Available)

Beef or Vegetable Lasagne (V) £10.95

with chips and salad

Beef or Vegetarian Chilli & Rice £10.95 (GF, V)

O'keeffe's Local Pork Steak £12.95

Pan fried, and served with creamy mash, peas and a west country cider sauce.

Wholetail Scampi, with Chips & Peas £10.50

with homemade Tartar sauce

Curry or Vegetable Curry (GF, V) £10.95

Check the Specials Board for today's curry, served with rice, a poppadum, naan bread and mango chutney.

O'keeffe's Bangers & Mash (V available) £11.95

3 succulent pork sausages from our local butchers, piled over creamy mash potato and peas with lashings of onion gravy!

Smugglers Homemade Fish Pie £15.95

Locally sourced cod, salmon, monkfish and smoked haddock in a cream, dill & white wine sauce, topped with mashed potato & served with a green vegetable medley.

Our fish pie is free of shellfish, however you may add king prawns for £1.50

From the Grill

Our succulent beef steaks all sourced from our award-winning local butchers, O'keeffes in Pelynt.

Weights shown are approximate and uncooked

Served with chips, garden peas and salad garnish

8oz Sirloin Steak (GF) £15.50

Hunters Chicken (GF) £12.95

8oz Gammon Steak, Egg & Pineapple (GF) £11.95

Mixed Grill (4oz sirloin, 4oz gammon steak, chicken breast, pork steak, sausage & egg) £22.95

Add to your grill with some delicious extras....

- a 'Grill Pack' of 3 onion home-made rings, griddled tomato and sautéed mushrooms for £3.95
- Garlic mushroom, blue cheese & port or peppercorn sauce £3.75
- King prawns fried in garlic butter £4.50

The Ultimate Burger £14.50

8oz 'Taste of the West' Gold Award-winning beef burger, with Monterey Jack cheese, crispy bacon, onion marmalade, garlic mayonnaise, lettuce, sliced tomato and pickle, in a brioche bun, served with skin-on fries, onion rings and our delicious house 'slaw.

Pizzas

baked fresh to order, 12-inch Italian style thin crust pizzas, generously topped & finished with rocket garnish

Meat Feast £11.95

Pepperoni £10.95

Mediterranean Vegetables with mozzarella cheese (V) £11.95

Margarita (V) £9.95

Ham & Pineapple £10.95

Smugglers Burgers

Our burgers are all served in a soft floured bun with lettuce and tomato, relish, served with fries & house 'slaw.

6oz prime beef burger topped with cheese & bacon £10.95
(Add an extra 6oz burger for £3.00)

Chicken Stack burger - Southern fried chicken breast, cheese, hash brown, lettuce, tomato relish & cool mayo. £10.95

Ultimate Quorn meat-free Burger £10.95

Lunch Bites

Served until 5pm

Jacket Potatoes (All GF)

Plain with Butter (V) £4.95	Beans (V) £6.95
Mature Cheddar (V) £6.95	Cheese & Beans (V) £7.95
Beef or Veg Chilli £8.50	Tuna Mayonnaise £7.95

Filled Baguettes

Ham & Tomato £5.95	BLT £6.95
Cheddar & Chutney (V) £6.50	Fish Finger £6.95
Tuna Mayonnaise £6.95	

Harry Peel's Cheese on Toast £6.95

Mature cheddar cheese and onion, seasoned and spiced to a family recipe, generously melted over bloomer bread with a side salad*

Panini – all £7.95

*Freshly filled, toasted & Served with a Salad Garnish**

Ham & Cheddar Cheese	Ham, Tomato and Cheddar
Tuna Cheese Melt	Cheese and Onion (V)
Mozzarella & Roast Vegetable	Bacon and Tomato

Sides and Nibbles

Bowl of chips (V, GF) £3	Garlic bread (V) £3.50	Bowl of Onion Rings £4.00
Bowl of cheesy chips (GF) £4	Cheesy garlic bread (V) £4.50	Bowl of Side Salad (V) £4.50
	Coleslaw (V) £2.50	

Desserts £5.95

All of our desserts are homemade and served with cream, ice cream or custard

- Sticky Toffee Pudding
 - Chocolate Sponge Pudding
 - Coconut & Jam Sponge
 - Chocolate Mud Cake (GF & Vegan)
 - Apple & Blackberry Crumble (GF & Vegan, yes, it is!)
- (Allow 10 minutes to bake)*

Plus check out our Dessert Blackboards!!!

Kelly's Cornish Ice Cream £2 a scoop

- Vanilla / Strawberry / Chocolate
- Mint Choc Chip / Rum & Raisin
- Fruit Sorbet (Dairy free)

Sunday Carvery

Available from 12 noon 'til 6pm every Sunday

Our famous Sunday Carvery, with a choice of succulent roast beef, turkey, pork or glazed roast gammon, served with a selection of seasonal vegetables, stuffing, home-made Yorkshire puddings and rich gravy.

We are also delighted to offer our delicious homemade vegetarian nut roast, or vegan lentil roast, served with vegan gravy.

Childs / Small Roast	£8.50
Adult Roast	£11.95
Supersize Roast (non-share)	£16.95

*Gluten free and vegetarian options available
Please advise a member of staff when ordering*

All our carvery meat is sourced from O'Keeffe's Traditional Family Butchers in Pelynt. Proud to support great local businesses.

Please place your order using your smart phone or with a member of our waiting staff.

Our food is prepared freshly to order; at busy times, there may be an extended preparation time for your food.
(V) Vegetarian, (GF) Gluten Free, * Includes a salad dressing containing mustard seeds

ALLERGEN NOTICE

Whilst we take every due care, our kitchen is not a sterile environment. We cannot guarantee that any menu item has not come into contact with particular allergens. Please check with your server if you have any intolerance or allergy and we will attempt to assist you, however in the case of the most severe allergies, we may regretfully be unable to cater for you.